



# STAY CALM AND HEALTHY



Leslie Sann &  
Bertrand Babinet



## RESOURCES:

- Here is a link about all the information about the bradykinin storm and some potential medical treatment: [here](#)
- If you liked the clearing process that Bertrand did during the Zoom session, you can download a free MP4, “Living in Peaceful Harmony” from his website. It covers the same process in a much more expanded form. To download the file at no cost [click here](#), put it in your shopping cart, and then use the Coupon Code: PEACEFUL. The code is valid until the end of October and you can share it with whoever you want.
- Calm Down Lift Up Together 5-week course begins Thursday, October 8. For more info: [Calm Down Lift Up Together](#)
- Leslie’s newly released book *Calm Down Lift Up Into Joy, Peace and Creativity* can be found [here](#).
- Bertrand’s book *Empowering the Heart* can be found [here](#).

Sending blessings to you and yours as we find our way forward together, sourced from peace and loving.

Love, Light & Blessings,

## WHO WE ARE:

**Leslie Sann**, has been serving clients since 1986. Her career has been rich with helping people transform their lives, guiding them to live by design rather than by default. She offers compassionate, perceptive insights serving her clients in seeing their world through new eyes, connecting them to their joyful nature, the source of true creative power. She is the author of the award-winning book, [Life Happens: What Are YOU Going to Do About It?](#) and the newly published [Calm Down Lift Up into Joy, Peace and Creativity](#)

**Bertrand Babinet** has been assisting his clients gain optimal health and well-being for over 40 years. His approach examines not only the physical but also the psychological and spiritual foundation of health. He works cooperatively with his clients to identify imbalances and create a pathway to excellent health, well-being and personal effectiveness. Bertrand is the author of the book [Empowering the Heart](#)